

## PRAYER OF GRATITUDE & AFFIRMATION

I give thanks for this day and I awaken grateful. Giving thanks for this life and for my place in it. As I begin brand new this day, I give thanks to God for the breath that sustains me. I begin with an attitude of gratitude, and I give thanks for the infinite opportunities that are available to me. For I know that as I rise, I am God's and He is mine.

I am enough, and today I release all fear, all doubt, and all separation. I move into this day grounded in the absolute Truth. I am guided by the Infinite Intelligence that lives within me, and I powerfully co-create this day! Today I begin with a profound sense of understanding and clarity.

I know that my consciousness is a gift, and I transform situations by the way of my beingness. I move through this day fully embrace the strength and the power that lie within me. I give thanks for the opportunities disguised as challenges, for I absolutely know that they allow me to use my wisdom, my strength, my kindness, and my intelligence. There is not situation or obstacle that moves me from the path of least resistance.

I meet each meeting, situation, job, and interaction as an opportunity to bring my best self — to be fully engaged and inspired. I live with purpose, inviting and seeking the highest and best outcome for all of those involved. Knowing that creative solutions, positive communication, and masterful ideas are my art and craft, and it is good and very good.

I give thanks for these experiences that continue to nurture and grow me,, for each day I become more and more of who I have come here to be. How wonderful it is to know that there is no one and no thing that stands between me and God's truth and vision.

Today, I stand grounded in this awareness, and I recognize that God is always conspiring for my great good. I find balance in all that I do; there is enough time, enough energy, and enough resources for all of my dreams and desires. As I create this day, I choose well in all my endeavors.

I release this word, and I give thanks for all that I have, for all that I am, and for all that I am becoming.

Amen.